



KENNEDY HOUSE  
INTERNATIONAL SCHOOL



# MENU 2ND ROTATION

## Monday

Snack: Banana muffins + fruit skewers

Lunch: fresh carrot and butternut bread rolls and pizza (v)

## Tuesday

Snack: ham + cheese chapattis

Lunch: beef and roasted potatoes and roasted butternut chickpea fritters (v)

## Wednesday

Snack: home made crunchies + fruit skewers

Lunch: baked potatoes with cheese, baked beans, sweetcorn and tuna mayonnaise (v)

## Thursday

Snack: oatmeal and raisin cookies and orange wedges

Lunch: Fish cakes with couscous/rice and a roasted tomato and pepper dipping sauce (v)

## Friday

Snack: crepes with honey and fresh fruit

Lunch: \*Bring your own picnic lunch to school!\*