



KENNEDY HOUSE
INTERNATIONAL SCHOOL



MENU 2ND ROTATION

Monday

Snack: Banana muffins + fruit skewers

Lunch: (V) fresh carrot and butternut bread rolls and pizza (v)

Tuesday

Snack: ham + cheese chapattis

Lunch: beef and roasted potatoes and
(V)roasted butternut chickpea fritters

Wednesday

Snack: home made crunchies + fruit skewers

Lunch: (V) baked potatoes with cheese, baked beans, sweetcorn and tuna
mayonnaise + beef bolognaise sauce

Thursday

Snack: oatmeal and raisin cookies and orange wedges

Lunch: Fish cakes with couscous/rice and a roasted tomato and
pepper dipping sauce

(V)Vegetarian Lasagne

Friday

Snack: crepes with honey and fresh fruit

Lunch: *Bring your own picnic lunch to school!*/ Order from the
KHoffee Shop